



West Hatch High School

Week One Menu



Date Week One 8 th - 12 th Jan 29 th Jan - 2 nd Feb	Main Course H = Halal Option	Vegetarian	Meal Deal Option £2.80	Snacks	Pasta Option	Other	Cold Dessert
MONDAY	Shepherd Pie With Vegetables	Quorn Shepherd's Pie with vegetables	Main Meal Dessert Water £2.80	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Jelly Pots
TUESDAY	Sausage H and Mash	Sausage and Mash	Main Meal Dessert Water £2.80	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Iced Buns
WEDNESDAY	Chicken H Curry with Rice Naan Bread Samosas	Veg Curry with Rice Naan Bread Samosas	Main Meal Dessert Water £2.80	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Angel Delight Pots
THURSDAY	BBQ Chicken with Wedges H	Homemade BBQ Vegetables with Rice	Main Meal Dessert Water £2.80	JP With Fillings	Homemade Pasta Bake	Whole Fruit	Homemade Muffins
FRIDAY	Bolognaise Pasta Bake	Various	Main Meal Dessert Water £2.80	JP with Fillings	Various	Whole Fruit Fruit Pots Yoghurts	Various



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Week Two Menu



Date Week Two 15 th -19 th Jan 5 th -9 th Feb	Main Course H = Halal Option	Vegetarian	Meal Deal Option £2.80	Pasta Option	Snack	Other	Cold Dessert
MONDAY	Homemade Lasagne With Garlic Bread	Vegetable Lasagne with garlic Bread`	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Tray cake Bake
TUESDAY	Fish Fingers with Mash Potato	Vegetable Fingers with Mash Potato	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Jelly Pots
WEDNESDAY	Chicken H Burgers	Vegetable Burgers	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Angel Delight Pots
THURSDAY	Chicken H Casserole & Wedges	Vegetable Casserole & Wedges	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Muffins
FRIDAY	Homemade Carbonara Pasta Bake	Homemade Tomato Pasta Bake	Main Meal Dessert Water £2.80	Various	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Assorted Desserts



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Week Three Menu



Date Week Three 22 nd -26 th Jan 12 th - 16 th Feb	Main Course H = Halal Option	Vegetarian	Meal Deal Option	Pasta Option	Snack	Other	Cold Dessert
MONDAY	Sausage H and Mash	Vegetable Sausages with Mash	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Muffins
TUESDAY	Sweet N Sour Chicken H with Rice	Vegetable Sweet N Sour with Rice	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Jelly Pots
WEDNESDAY	Chili Con Carne With rice	Vegetable Chili with Rice	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Angel Delight Pots
THURSDAY	Chicken H Enchiladas	Vegetable Enchiladas	Main Meal Dessert Water £2.80	Homemade Pasta Bake	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Iced Buns
FRIDAY	Chicken H Burgers	Vegetarian Burgers	Main Meal Dessert Water £2.80	Various	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Assorted Desserts