



West Hatch High School

Week One Menu



Date Week One 24 th – 28 th September 15 th -19 th Oct	Main Course	Vegetarian	Potatoes Vegetables	Pasta Bar	Snack	Cold Dessert	Hot Dessert	
MONDAY	Lasagne & Garlic Bread	Roasted Vegetable & Chickpea Lasagne	Jacket Pot Wedges Sweetcorn	1x Meat 1 x Veg Pasta Sauce	Selection of Panini Veg/meat Pizza slice	Jelly Grape Pots	Homemade Sponge & Custard	
TUESDAY	Roast Dinner Or Sausage Casserole	Vegetarian Sausage Casserole (Halal)	Jacket Pot Roast Pot 1 x Fresh Vegetables	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/Meat Pizza Slice	Fruit Salad Angel Delight Pots	Homemade Apple Crumble & Custard	
WEDNESDAY	Chicken(H) Burger or Beef Burger	Veggie Burger	Jacket Pot Corn on the Cob	1x Meat 1 x Veg Sauce	Selection of Panini Veg /Meat Pizza Slice	Fruit Salad	Strawberry Shortcake	
THURSDAY	Fillet of Fish & Sausages (H)	Stuffed Peppers	Jacket Pot Chips Peas Mushy Peas	1 x Meat 1 x Veg sauce	Selection of Panini Veg / meat Pizza Slice	Fruit Salad	Selection of Homemade Desserts	
FRIDAY	Chicken Curry (H) with Rice	Lentils /Sweet Potato Curry	Jacket Pot Naan Bread	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/meat Pizza	Assorted Desserts	Chocolate Sponge with Custard	



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Week Two Menu



Date Week Two 1 st - 5 th Oct		Vegetarian	Potatoes Vegetables	Pasta Bar	Snack	Cold Dessert	Hot Dessert
MONDAY	Shepherd's Pie	Homemade Vegetable Risotto	Jacket Pot Wedges Peas	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/Meat Pizza Slice	Grape Pots Angel Delight Jelly	Homemade Sponge & Custard
TUESDAY	Roast Dinner / Sausage & Mash (H)	Tomato & Cheese Pasta Bake	Jacket Pot Roast Pot 1 x Vegetables	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/Meat Pizza Slice	Angel Delight Jelly Pots Fruit Salad	Homemade Fruit Crumble
WEDNESDAY	Chicken(H) Or Beef Fajitas	Veg Fajitas	Jacket Pot Wedges Sweetcorn	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/ Meat Pizza Slice	Fruit Salad Jelly Pots	Homemade Cornflake Tart
THURSDAY	Fish Fingers / Fillet of Fish	Halal Chicken Sausages	Jacket Chips Peas / Mushy Peas	1 x Meat 1 x Veg Sauce	Selection of Panini Veg / Meat Pizza Slice	Fruit Salad Cheesecake	Selection Of Homemade Desserts
FRIDAY	Meatballs in Tomato Sauce	Cheese Puffs	Jacket Pot Corn on the cob	1 x Meat 1 x Veg Sauce	Selection of Panini Veg / Meat Pizza	Assorted Desserts	Homemade Marble /Chocolate Sponge



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Week Three Menu



Date Week 3 17 th -21 st Sept 8 th -12 th Oct	Main Course	Vegetarian	Potatoes Vegetables	Pasta Bar	Snack	Cold Dessert	Hot Dessert
MONDAY	Chilli Con Carne & Garlic Bread	Vegetable & Bean Chilli	Jacket Pot Wedges Corn on the Cob	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/ Meat Pizza slice	Grape Pots Angel Delight	Homemade Sponge & Custard
TUESDAY	Homemade Toad in the Hole(H)	Vegetarian Toad in the hole	Mash Potato Jacket Pot 1 x Veg	1 x Meat 1 x Veg Sauce	Selection of Panini Veg / Meat Pizza Slice	Fruit Salad Jelly Pots	Homemade Apple Crumble
WEDNESDAY	Homemade Chicken Pie (H)	Homemade Vegetable Pies	Mash Potato Jacket Potato 2 x Vegetables	1 x Meat 1 x Veg Pasta Sauce	Selection of Panini Veg/ Meat Pizza Slice	Fruit Salad	Homemade Bakewell Tart
THURSDAY	Fish Fingers / Fillet Of Fish Halal sausages	Stuffed Peppers	Jacket Pot Chips Peas / Mushy Peas	1 x Meat 1 x veg Pasta Sauce	Selection of Panini Veg / Meat Pizza Slice	Homemade Fruit Trifle	Selection of Homemade Desserts
FRIDAY	Spaghetti Bolognaise & Garlic Bread	Vegetable Quiche	Jacket Pot Sweetcorn	1 x Meat 1 x Veg Pasta Sauce	Selection of Panini Pizza Slices	Assorted Desserts	Homemade Marble/ Chocolate Cake