



West Hatch High School



Week One Menu

Date Week One 4 th -8 th Sept 25 th -29 th sept 16 th -20 th Oct	Main Course	Vegetarian	Potatoes Vegetables	Pasta Bar	Snack	Cold Dessert	Hot Dessert
MONDAY	Lasagne with Salad & Garlic Bread	Roasted Vegetable & Chickpea Lasagne	Jacket Pot Wedges Sweetcorn	1x Meat 1 x Veg Pasta Sauce	Selection of Panini Veg/meat Pizza slice	Jelly Grape Pots	Homemade Sponge & Custard
TUESDAY	Roast Dinner /Sausage Casserole	Tomato & Cheese Pasta Bake	Jacket Pot Roast Pot 1 x Fresh Vegetables	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/Meat Pizza Slice	Fruit Salad Trifle pots	Homemade Choc Sponge & Custard
WEDNESDAY	Chicken Burger or Beef Burger	Veggie Burger + Halal Burger	Jacket Pot Corn on the Cob	1x Meat 1 x Veg Sauce	Selection of Panini Veg /Meat Pizza Slice	Fruit Salad Beetroot cake	Bakewell Tart
THURSDAY	Fillet of Fish	Stuffed Peppers	Jacket Pot Chips Peas Mushy Peas	1 x Meat 1 x Veg sauce	Selection of Panini Veg / meat Pizza Slice	Fruit Salad	Homemade Apple Pie
FRIDAY	Chicken Curry with Rice	Lentils /Sweet Potato Curry	Jacket Pot Naan Bread	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/meat Pizza	Assorted Desserts	Assorted Desserts



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Week Two Menu

Date Week Two 11 th -15 th Sept 2 nd -6 th Oct		Vegetarian	Potatoes Vegetables	Pasta Bar	Snack	Cold Dessert	Hot Dessert
MONDAY	Shepherd's Pie	Homemade Vegetable Risotto	Jacket Pot Wedges Peas	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/Meat Pizza Slice	Grape Pots Angel Delight Jelly	Homemade Sponge & Custard
TUESDAY	Roast Dinner / Sausage & Mash	Tomato & Cheese Pasta Bake	Jacket Pot Roast Pot 1 x Vegetables	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/Meat Pizza Slice	Angel Delight Jelly Pots Fruit Salad	Homemade Fruit Crumble
WEDNESDAY	Chicken / Beef Fajitas	Veg Fajitas	Jacket Pot Wedges Sweetcorn	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/ Meat Pizza Slice	Fruit Salad Jelly Pots	Homemade Strawberry Shortcake
THURSDAY	Fish Fingers / Fillet of Fish	Halal Chicken Sausages	Jacket Chips Peas / Mushy Peas	1 x Meat 1 x Veg Sauce	Selection of Panini Veg / Meat Pizza Slice	Fruit Salad Cheescake	Homemade Marble Cake
FRIDAY	Meatballs in Tomato Sauce	Quorn MeatBalls in Tomato Sauce	Jacket Pot Corn on the cob	1 x Meat 1 x Veg Sauce	Selection of Panini Veg / Meat Pizza Herby Chicken in a roll	Assorted Desserts	Assorted Desserts



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Week Three Menu



Date Week 3 18 th -22 nd Sept 9 th -13 th Oct	Main Course	Vegetarian	Potatoes Vegetables	Pasta Bar	Snack	Cold Dessert	Hot Dessert
MONDAY	Chilli Con Carne & Garlic Bread	Vegetable & Bean Chilli	Jacket Pot Wedges Corn on the Cob	1 x Meat 1 x Veg Sauce	Selection of Panini Veg/ Meat Pizza slice	Grape Pots Angel Delight	Homemade Sponge with Custard
TUESDAY	Homemade Toad in the Hole	Vegetarian Toad in the hole	Mash Potato Jacket Pot 1 x Veg	1 x Meat 1 x Veg Sauce	Selection of Panini Veg / Meat Pizza Slice	Fruit Salad Jelly Pots	Homemade Apple Crumble
WEDNESDAY	Homemade Meat Pies Halal Chicken Pie	Tomato & Cheese Pasta Bake	Mash Potato Jacket Potato 2 x Vegetables	1 x Meat 1 x Veg Pasta Sauce	Selection of Panini Veg/ Meat Pizza Slice	Fruit Salad	Homemade Cornflake Tart
THURSDAY	Fish Fingers / Fillet Of Fish	Stuffed Peppers	Jacket Pot Chips Peas / Mushy Peas	1 x Meat 1 x veg Pasta Sauce	Selection of Panini Veg / Meat Pizza Slice	Homemade Fruit Trifle	Homemade Sponge & Custard
FRIDAY	Spaghetti Bolognaise & Garlic Bread	Vegetable Quiche	Jacket Pot Sweetcorn	1 x Meat 1 x Veg Pasta Sauce	Selection of Panini Pizza Slices	Assorted Desserts	Assorted Desserts